

MOON PLANTING & GARDENING GUIDE

JANUARY, FEBRUARY & MARCH 2012

AUSTRALIAN EASTERN DAYLIGHT TIME (AEDT)

In order to determine the most appropriate timing of your gardening tasks, the lunar phase and zodiac sign must be used. Each sign has a tendency to be better or worse for sowing new plants or crops, and are considered to be barren, semi-barren, semi-fertile or fertile;

SIGN	FERTILITY	SIGN	FERTILITY
♈ Aries	Semi-Barren	♎ Libra	Semi-Fertile
♉ Taurus	Semi-Fertile	♏ Scorpio	Fertile
♊ Gemini	Barren	♐ Sagittarius	Semi-Barren
♋ Cancer	Fertile	♑ Capricorn	Semi-Fertile
♌ Leo	Barren	♒ Aquarius	Semi-Barren
♍ Virgo	Barren	♓ Pisces	Fertile

The lunar phases mainly govern what types of planting to do and what type of activity is best. The gravitational pull influences the moisture in the soil. It is also considered unwise to plant or move any plants on the day when the Moon changes phase, so leave 12 hours on either side of each phase. Choose Barren signs in the Waning phase to harvest your crop for storage. Pick fruits and vegetables for immediate consumption during the Waxing phase.

LUNAR PHASE	TASKS
<u>NEW MOON TO 2ND QUARTER</u>	<u>WAXING MOON PHASE</u> Strongest gravitational pull at this time coupled with increasing moonlight creates balanced root and leaf growth. Sow lawns & above ground plants and seeds. Plant annual crops such as lettuce, spinach, celery, broccoli, cabbage, cauliflower & grain crops. Cucumbers like this phase as well. Fertilise, graft fruit trees. Mow lawns & prune foliage to increase growth.
<u>2ND QUARTER TO FULL MOON</u>	<u>WAXING MOON PHASE</u> Gravitational pull is a little less now, but the increase in moonlight supports good leaf growth. Sow above ground plants such as flowers, lawns & annual crops on vines or with seeds that form inside such as; beans, peas, capsicum, squash, tomatoes. Mow lawns & prune foliage to increase growth.
<u>FULL MOON TO THIRD QUARTER</u>	<u>WANING MOON PHASE</u> Gravitational pull is high but moonlight is decreasing & therefore bulb and root crops thrive. Plant trees, shrubs, biennials & perennials. Sow below ground plants such as root vegetables, potatoes, carrots & onions. Good time for transplanting. Mow lawns & prune foliage to retard growth.
<u>THIRD QUARTER TO NEW MOON</u>	<u>WANING MOON PHASE</u> Gravitational pull & moonlight has decreased at this point. Weed, eradicate pests, clear ground, turn soil & remove rubbish. Mow lawns & prune foliage to retard growth.

Note: the red boxes shown at the lower edge of the Gardening Tables (page 2) show the Void of Course Moon times "at a glance". You may like to refer to the actual dates and times from the [VOC Table](#) as published on the [Astrology Solutions Network](#) website.

Check the [Monthly Calendar](#) for the times of the changing Moon Signs. Or better still, order your own [Personal Forecast Daily Diary](#) which can be downloaded to your MS Office Calendar & synchronized with your mobile/cell phone and is automatically configured to your local time zone.

MOON PLANTING & GARDENING GUIDE LEGEND

Line 1	The current monthly Sun sign
Line 2	Each Moon sign (each sign lasting 2.5 days on average)
Line 3	This shows the date of the New Moon (black) and Full Moon (yellow)
Line 4	8 phases of the Moon
Line 5	Planting guide
Line 6	Tide information
Line 7	Days of the week. Pink coloured days = weekend
Line 8	Calendar Month
Line 9	Void of Course Moon
Line 10	Four Moon quarters
Line 11	Waxing - Moon increases in light towards Full Moon (plant above)
	Waning - Moon decreases in light towards the New Moon (plant below)

KEY TO GARDENING TASKS

Light Gray (None)	Do nothing - Sign is infertile. Garden activity not recommended
Dark Gray Dash (-)	Moon changes sign - do nothing
Light Gray Dash (-)	Sign is infertile - do nothing
Bright Green (Plant), (Plant Above) or A+	Peak time for planting above ground plants - flowers, shrubs, trees, lawns, above ground vegetables
Dark Green (Above) or A-	Moderately good time to plant/sow above ground plants
Yellow (Plant), (Plant Below) or B+	Peak time to plant/sow below ground plants; root vegetables, potatoes, carrots, onions
Khaki (Below) or B	Moderately good to plant/sow below ground plants
Pink (Weed)	Third quarter Moon - weed, prepare soil, clear, eradicate pests

HAIR CARE & WAXING GUIDE

SIGN	FERTILITY	SIGN	FERTILITY
♈ Aries	Semi-Barren	♎ Libra	Semi-Fertile
♉ Taurus	Semi-Fertile	♏ Scorpio	Fertile
♊ Gemini	Barren	♐ Sagittarius	Semi-Barren
♋ Cancer	Fertile	♑ Capricorn	Semi-Fertile
♌ Leo	Barren	♒ Aquarius	Semi-Barren
♍ Virgo	Barren	♓ Pisces	Fertile

LUNAR PHASE	HAIR TREATMENT & REMOVAL
WAXING PHASE New Moon to Full Moon	Trim or cut hair to encourage fast growth Select Fertile or Semi-Fertile Moon Signs
FULL MOON	If you want thicker hair, trim or cut hair at the Full Moon, especially during a Leo Full Moon.
WANING PHASE Full Moon to New Moon	To slow down hair growth, trim or cut during the Waning Moon Phase under Barren Moon signs. Also use the Waning Phase for hair removal; wax or shave under Barren signs to help retard re-growth.

SUMMARY OF LUNAR HAIR CARE

If you are growing your hair, use the Waxing Phase (New Moon to Full Moon) to encourage hair growth. Best Moon signs for trims & cutting are; Cancer, Taurus, Scorpio, Capricorn and Pisces.

To increase thickness, use these same signs above at the Full Moon, but also include Leo.

If you want to reduce visits to your hairdresser, trim or cut during the Waning Moon Phase (Full Moon to New Moon) and Barren Moon signs; Gemini, Leo, Virgo, or Semi Barren Moon signs; Aries, Sagittarius or Aquarius.

For chemical treatments such as perms, colouring and straightening – always choose a Water Moon; Cancer, Scorpio or Pisces as these sign provide the moisture needed to enhance the effect.

If you are out to make a hair “statement” arrange an appointment with your stylist during an Aquarian Moon if you are looking for something out of the ordinary.

Depilatory treatments; laser, waxing or shaving should be carried out during the Waning Phase and a Barren Moon sign.

Check the [Monthly Calendar](#) for the times of the changing Moon Signs. Or better still, order your own [Personal Forecast Daily Diary](#) which can be downloaded to your MS Office Calendar & synchronized with your mobile/cell phone and is automatically configured to your local time zone.

TESTIMONIAL LUNAR HAIR CARE

I use the Moon Hair Care Guide on the Astrology Solutions Network Website for timing my haircuts because it is calculated for Australian Eastern Time.

My thick, wavy hair is difficult to manage so I have found the Moon placement information helpful in deciding when to make an appointment with my hairdresser.

In my experience, some Moon placements produce excellent results, whilst others tend to poor results. When the Moon is in my own Sun sign (Gemini) or when it is in Libra, I find that I get good to excellent haircuts. For me personally that means my hair looks good, sits well and is easier to manage.

When the Moon is in Aquarius, I end up with kinky, quirky hair that I cannot control. Haircuts under a Capricorn Moon tend to leave my hair lank and lifeless. When my hair is cut under a fertile sign, my hair growth is so fast I need another haircut in no time at all.

If your hair misbehaves and you want better results, why not try to time your haircuts using the appropriate Moon sign to improve the result.

If you monitor results against different Moon signs, you too can optimise haircut outcomes!"

Jenny W – McKinnon, Victoria